



## **THE NYRLCA COOKBOOK**

TO ALL NEW YORK STATE RURAL CARRIERS AND THEIR FAMILIES:

- + We are planning to create a **NYRLCA COOKBOOK** using YOUR recipes!
- + Please plan on becoming a part of this venture which will be used as a fund raiser for the 2012 NRLCA National Convention in Buffalo NY.
- + Recipes will be collected starting now! Our deadline will be September 1<sup>st</sup>, that gives everyone 6 months to submit their favorite recipes.
- + Submit more than one recipe! The contents will include Appetizers, Beverages, Soups, Salads, Vegetables, Meats, Main Dishes, Casseroles, Breads, Desserts, etc.
- + There are several ways to get your recipes to us:
  - ✓ Type it in a word document, use the recipe form and send it by email if possible, however we will also accept hand written recipes.
  - ✓ Mail or Email to: **Linda Burr**  
36 Woodworth St.  
Victor, NY 14564  
585-924-5362  
[ruralblurr@hotmail.com](mailto:ruralblurr@hotmail.com)  
or  
**Linda Mott**  
PO Box 34  
Deposit, NY 13754  
607-467-4124  
[lindamott10@cs.com](mailto:lindamott10@cs.com)
  - ✓ Hand them to one of us in person at the Eastern States Meeting in April, the NYRLCA State Convention in June, and the NRLCA National Convention in August.
  - ✓ Give to any state or auxiliary officer attending your spring county meeting and they will forward them to us.
- + How your recipe should be written out:
  - ✓ Start with the Name/Title of the recipe.
  - ✓ List all ingredients and quantities.
  - ✓ Give clear step by step instructions on how prepare it.
  - ✓ Don't forget time and temperature, etc.
  - ✓ Including a short note or family story about the recipe is optional and may be included if there is room.
  - ✓ Your Name, County affiliation and phone number (your phone number will not be published but we need it if we have any questions when we put the book together)

**PLEASE CALL OR E MAIL IF YOU HAVE ANY QUESTIONS**